

Heacham Junior School Newsletter December 2022

email:office@heachamjunior.co.uk Tel:01485 571013 website: https://www.heachamjunior.co.uk



Our Learning

<u>Year 3 – Oystercatcher</u>

We have had a busy half term in Oystercatchers! We had a great time on our trip to the King's Lynn museums supporting the children's learning in geography and science. I was very proud of the children's mature behaviour and wonderful questions. In the classroom, the children have been learning to multiply and divide and are now concentrating on learning their 3, 4, 6 and 8 times tables and finding patterns between them. In geography we have been looking at Western Europe, the true meaning of Christmas in RE, investigating the water cycle in science and learning about Ancient Greece in history. Whilst in English, we have been internalising wishing tales, with King Midas as our model text, ready to write their own. What would you wish for? We've been smashing it with our reading and quizzes and the children have enjoyed challenging themselves on how many words they can read. Keep up the reading and Times table Rockstars over the Christmas break! Remember log all your wonderful reading in your school planners. As always, we're so proud of the Oystercatchers for all their continued hard work throughout the whole of this half term and we're excited for some festive fun during the final few weeks before they can enjoy a well-earned rest over Christmas.



<u>Year 4 – Avocet</u>

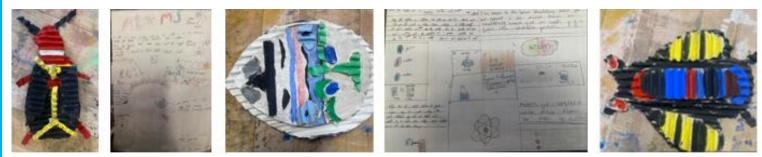
Avocets have shown great efforts in all subjects this term leading up to Christmas. They loved the West Stow trip learning about the Anglo Saxons and Vikings. We experienced Anglo Saxon crafts, looking inside their village homes and learning many new facts! In History this term, we have learnt about Henry VIII and the Tudors. Avocets have been super at acting out scenes from his life and being able to share facts in the class on Henry's wives and we learnt how he created his own religion. We have also learnt about Mediterranean Europe in Geography experiencing their cultured foods too. The children tried various Mediterranean food like olives, oranges, feta cheese, apricots and tomatoes. Great to see them trying different food to what their used to!



Our Learning (cont'd)

<u>Year 5 – Albatross</u>

We've gone full throttle into the second half of our autumn term in Albatross Class and the children have been working so hard throughout producing some wonderful pieces of work. We've covered a lot of the globe with our foundation subjects, studying African art and the importance of ceremonial headdresses in some parts of African culture as well as studying the use of relief sculpture in their art and architecture. We've studied lots of mountain ranges in Asia, Europe and South America - perhaps you could ask your Albatross what facts they can tell you about Mount Everest or where the ancient mummified body of Otzi was discovered and how old he was? In history we've also looked at how far the British Empire spread across the globe establishing British colonies gaining much power and control. In science, our brains have been tested as we've investigated how small an atom is and created our own posters explaining their structure of protons, neutrons and electrons. Finally, as we head towards the festive season our RE lessons have linked in nicely as we've revisited the Christmas story and investigated varying details in the gospels of Matthew and Luke. As always, we're so proud of the Albatrosses for all their continued hard work throughout the whole of this half term and we're excited for some festive fun during the final weeks before they can enjoy a well-earned rest over Christmas.



<u>Year 6 – Royal Tern</u>

We have had another busy half term in Royal Terns! We have been working on fractions in Maths and persevering when adding, subtracting, ordering and comparing fractions! The children have done really well and their use of Times Table Rock stars to speed up their times table recall has helped so much with our fraction work. In English, we finished our Suffragette biography work and have since been studying discursive texts using the novel 'Stay Where You Are and Then Leave.' The children have been developing their tennis skills in PE over the past few weeks - completing activities to perfect their forehand and backhand shots, as well as their movement around the court. We have been learning all about Suffragettes in History; the NUWSS and the WSPU. The children were all unanimous in their decision that they would have been militant activists if they had lived during this time! We used our learning to hold a few class debates, which were fantastic! In our art lesson, we have been looking at the Renaissance and have studied artists like Michelangelo and Leonardo di Vinci. We sketched eyes (after studying the Mona Lisa), drew landscapes using perspective and created sun discs, which we will paint before Christmas. We enjoyed wearing odd socks for anti-bullying week and our sessions every Thursday where we look at the 'No Outsiders' website have been amazing. The children have discussed really thought-provoking issues with such interest and respect.





2022/2023

Every Wednesday – Swimming AM Every Thursday – Music Tuition with Ms Collins Please check PE days with your class teachers

16/12/22 – Last day of Term

04/01/23 – Children return to school 04/01/23 – Y5 Swimming (first day back) 09/01/23 – After School Clubs begin this week 10/01/23 – Smithdon Starter Band resumes 12/01/23 – Music tuition with Miss Collins resumes 13/02/23 – Half-term Holidays 20/02/23 – Children return to school 16/03/23 – Y56 BEE Netball @ Smithdon 27/03/23 – Y34 Football Festival @ Smithdon 29/03/23 – Y6 Trip to IWM Duxford 30/03/23 – Y34 BEE Netball @ Lynnsport 30/03/23 – Y56 Croydon Trophy2 @ Hunstanton 03/04/23 – Easter Holidays 18/04/23 – Children return to school 26/04/23 – TriGolf Festival @ HJS 27/04/23 – Y6 Leavers' Photo - Tempest Photography 01/05/23 – Bank Holiday 08/05/23 – Bank Holiday 25/05/23 – Half-term Holidays

05/06/23 - Children return to school

LUNCHTIME CO

Lunch Menu

The winter menu is available to view on our website. Vegan, Gluten/Dairy/Egg-free versions are available on request. <u>https://www.heachamjunior.co.uk</u>

Not bookable online

Twitter Please follow us on twitter as we are using that social media platform more regularly than facebook



Health Support & Advice for children and young people https://www.justonenorfolk.nhs.uk/ 0300 300 0123

The Just One Norfolk website has refreshed its look and is now offering a range of new and updated features to enable families access to safe, accessible and up to date information, advice and self-care support through their parenthood journey - https://www.justonenorfolk.nhs.uk/

Coronavirus (COVID-19)

While you are no longer required by law to selfisolate if you have COVID-19, the Government still recommends that

Children stay at home for at least 3 days

If they test positive and avoid contact with other people. This helps reduce the chance of passing it on to others.

The school continues to encourage thorough hand washing and follows the guidelines laid out by Public Health England for schools.



Term Dates:

Please note that our term dates are not the same as those published by Norfolk County Council. Please see our website for further information.

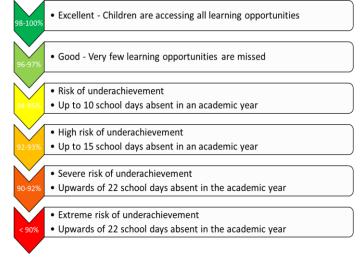
Last day of Term is Fri 16/12/22. Children return on Wed 04/01/23 Y5 swimming

The importance of good attendance

The Government strives for every pupil to achieve 97% attendance. Every day away from school is a day away from learning and this can have an impact on a child's education and future accomplishments.

We want every child to enjoy school and achieve their potential in education and life beyond. We are always here to talk through any issues and help find solutions. Parents are always a phone call away if a child is too ill to continue their day, please encourage them to try to give the day a go, children often feel much better once they are in class.

The Government has issued new attendance guidance and targets to all schools, you may receive regular texts informing you of the number of days that your child has been absent in a term/year. The Government hope that this personal approach will make parents more aware of how the odd day adds up and help keep you informed.





Vouchers for Free School Meal Eligible Pupils – October 2022 to March 2023

Support has been extended for the period 1 October 2022 to 31 March 2023 for pupils eligible for means-tested Free School Meals (FSM). Families who are eligible for Free School Meals will receive Edenred vouchers to the value of £15 per month per child with an additional £30 voucher in December. The Vouchers can be spent at many major retailers including supermarkets.

Families in hardship and needing wider support In addition to the offer of FSM vouchers for eligible families, there is support available for families who are facing hardship and need support. Anyone experiencing hardship may be able to receive support through the Norfolk Assistance Scheme (NAS), which may be able to provide support for food, fuel, clothes and other essential household items to families experiencing hardship. Families may get in touch with NAS via their website which includes an online application form, or they can call **0344 800 8020**.

https://www.norfolk.gov.uk/care-support-and-health/support-for-living-independently/money-and-benefits/norfolkassistance-scheme

Have your circumstances changed recently? You may be eligible for Free School Meals.

The school receives funding for each child who comes under Pupil Premium (including free school meals), so it is worth applying even if you don't have school meals!! You can apply online https://fiso.norfolk.gov.uk/synergy/Enquiries/Citizen/FreeSchoolMeals.aspx/ https://www.norfolk.gov.uk/education-and-learning/schools/school-meals-and-milk?fbclid=IwAR181hWbnsrWnVeC-KZ31j-HfjFmGLwKL7zsv9QVbkEfY1uKETvz0cDSIcQ

We have been busy!

CROSS COUNTRY 04/11/22

Our team of 23 headed off to the glorious setting of Snettisham Memorial Field and they all ran their socks off, powered on by some super sideline support!! They performed SO well that everyone finished within the top 20 in their races. Special mentions go to Brooklyn, Charlie and Avery who won their races. They qualified for the next round on 24/11/22 along with Olivia, Archie, Blake, Daniel, Dylan, Penelope, Erin, Isla N, Max, Fred and Isla W for finishing in the top 10 in their races. Well done you speedy lot!



CROSS COUNTRY FINALS 24/11/22

We took 14 to the Finals at Lynnsport. 5 stars across the board for effort, behaviour, enthusiasm and support for each other. Special mention to go to Brooklyn for winning the Yr 6 boys' race – Well done everyone.

CLASSICAL MUSIC ROCKS 25/11/22

The children were treated to a live performance with narration and music from Tchaikovsky's The Nutcracker. It was an interactive story and the children thoroughly enjoyed the chance to stamp, snap and move to the music and story. The musicians were Grace Mo on Piano and Klio Blonz on Flute & Piccolo.

SHOW JUMPING 26/11/22

One of our Y5 took part in a School Teams' Show Jumping event at Lime Kiln Farm on Saturday 26th November representing Heacham Junior School. Ellie and Violet jumped really well in the 70cm. Unfortunately, she just missed out on a placing but will have another go in the Summer. Well done Ellie and Violet!



HELLO YELLOW 20/10/22

For Mental Health week we had lots of discussions and activities around Mental Health and fundraised for Young Minds, wearing and eating yellow!



REMEMBRANCE PERFORMANCE 15/11/22

11 of our pupils joined children from the rest of the Trust in a Remembrance performance at Springwood High School. It was a very moving evening, attended by Veterans, Staff, Parents and members of the community. There is a lovely piece in the Lynn News with lots of photos;

<u>https://www.lynnnews.co.uk/news/pupils-perform-remembrance-show-for-veterans-9284950/</u>



PRIMARIES COLLECTIVE INSTRUMENTAL PERFORMANCE 16/11/22

Our Y6 musicians joined other musicians from the Trust Primary Schools to perform to parents and Trust staff at Gaywood Park Primary School. Children from Heacham Junior & Snettisham Primary rehearse weekly at Smithdon with the Smithdon Starter Band. There are more photos in the Lynn News;

https://www.lynnnews.co.uk/news/huge-orchestra-of-pupils-from-west-norfolk-schools-9284947/



MINI-MEDICS 28/11/22

16 Year 4 took part in this basic introduction to First Aid and Defibrillation created especially for children and delivered by qualified professionals.



ANTI-BULLYING TRAINING 1/12/22

10 children (HP & JLT) completed the Diana Award Anti-Bullying Ambassador Programme at Springwood High School. Pupils gained an understanding of the effects of bullying and the skills needed to support others and stay safe. They will share this knowledge with their Peers.



Upcoming events!

CHRISTMAS PERFORMANCE 7/12/22

Children from Year 3 will be joining other children from the Trust at St Nicholas' Chapel for a Christmas Carol Concert. Y3 parents will need to order free tickets from the address given in the letters home.

ROYAL OPERA HOUSE – DANCE SESSIONS 7/12/22

Children from Y3 and Y4 have been participating with other schools across the country in a project run by the Royal Opera House. These sessions, entitled 'Everybody Dance! Mad Hatter's Tea Party Workshops' will culminate in a live-recorded session where all schools share their Dances. We have chosen to dress the part too in Alice in Wonderland themed costume/colours!

BARBICAN BOX PROJECT – DRAMA WORKSHOPS Y5

Children from Y5 have been enjoying weekly drama workshops, partly funded by Creative Arts East in conjunction with the Barbican Box Project. A short sharing session will be presented to Y5 parents on 12/12/22 at 3pm.

Plus all of the School Christmas events – details included in this newsletter!

* Subject to changes *



Term Dates 2022-2023

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c: White dates – school open to pupils Orange dates – pupil holiday Purple dates – staff training day Red dates – bank holiday

Thursday 1st September, Friday 2nd September, Friday 21st October, 3rd January and Monday 17th April

West Norfolk Academies Trust

PRIMARY SCHOOLS - Term Dates 2023-2024

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Γ	Key:	White dates - school open to pupils	Staff training days are – Monday 4 th September and Tuesday 5 th September, Wednesday 3rd January and				
		Orange dates – pupil holiday	Thursday 28 th March 2024 as whole training days.				
		Purple dates – staff training day	Monday 22 nd July 2024 is disaggregated.				
		Red dates – bank holiday					

School Christmas Events



CHRISTMAS LUNCH & FESTIVE TOPS DAY – THURSDAY 8TH DECEMBER

The children will all eat together in the hall this year on decorated tables and the Staff will serve them. They can wear their festive tops on this day with normal uniform to be worn underneath. There will not be any sandwiches or jacket potatoes on this day, only the set menu that you have already pre-ordered.



PARENT CHRISTMAS CRAFTS – THURSDAY 8TH DECEMBER 2PM

We invite families to join their children in their classrooms making Christmas themed crafts and cards. No need to bring anything, it will all be provided.



PANTO – FRIDAY 9TH DECEMBER

Heacham Infants' Year 1 & 2 will be joining our children in the afternoon for another John Giller panto production – The Little Mermaid!



CAROL CONCERT – TUESDAY 13TH DECEMBER 2PM

Please join us celebrate the festive season at St Mary's Church, it starts at 2pm. You may take your children home at the end or they will walk back to school with us for your normal end of day arrangements at 3.25pm. Don't forget to email <u>office@heachamjunior.co.uk</u> if you want to make arrangements for your child to go home with another adult.



AFTER-SCHOOL CLUBS

Next term we will be offering the following after-school clubs (3.30pm-4.15pm) starting w/c 9/1/23. Spaces are limited and will be allocated on a first come, first served basis. Clubs run by school staff are free, Clubs run by visitors may be chargeable (see below).

Please note that children in Years 3 & 4 should be collected by an adult usually from the back playground.

MONDAY

Drama Club with Mr Giller open to all \pm 40 for 10 sessions – we need a min of 12 for this club to run Board Games with Miss Pateman open to all x 16 spaces

TUESDAY

Art Club with Miss Kissock open to all x 16 spaces

WEDNESDAY Dodgeball with Mr Agate open to all x 20 spaces

THURSDAY Singing Club with Mrs Bridge open to all x 16 spaces

All clubs end at 4.15pm. Pickup is from the back playground except Drama & Singing Clubs where pickup is from the outer hall doors (opposite the bike sheds).

To apply for a space please email <u>office@heachamjunior.co.uk</u> and state the following:

I give permission for (Child's Name) to attend the following clubs Club Names: Medical Conditions: Emergency Phone: Name of parent giving permission: My child will be (select one): Collected or Walk home:

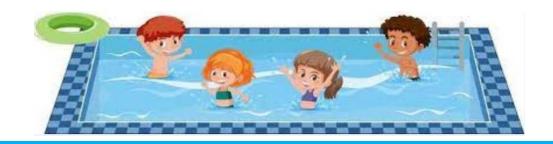
Swimming Rota

May be subject to further changes

SWIMMING 2022-2023								
WkNo.	Date	Class/Year		Wk No.	Date	Class/Year		
11	FIRST DAY BACK 04/01/2023	Albatross		23	19/04/2023	Avocet		
12	11/01/2023	Albatross		24	26/04/2023	Avocet		
13	18/01/2023	Albatross		25	03/05/2023	Oystercatcher		
14	25/01/2023	Albatross		x	10/05/2023	SATS - NO SWIM		
15	01/02/2023	Albatross		26	17/05/2023	Oystercatcher		
16	08/02/2023	Albatross		27	24/05/2023	Oystercatcher		
x	15/02/2023	Half-Term		28	31/05/2023	Oystercatcher		
17	22/02/2023	Avocet		29	07/06/2023	Oystercatcher		
18	01/03/2023	Avocet		x	14/06/2023	Half-Term		
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20	15/03/2023	Avocet		31	28/06/2023	Oystercatcher		
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х	12/04/2023	Easter						

Swimmers leave at 11am and return for lunch at 1pm. They need a one-piece swimsuit/trunks, towel, waterproof bag (hat and goggles are optional).

Earrings must be removed.



Fundraising



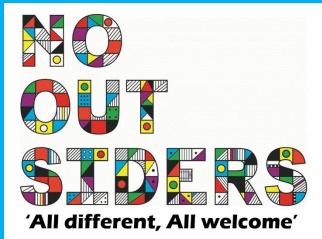
Thank you for continuing to support our chosen charities by joining in with donations and dress-up days. We appreciate that not everyone can afford to give money – we would still want your children to join in with the event. So far this academic year we have raised **£215.00** for charity:

- £105.00 Hello Yellow for Young Minds 20/10/22
- £ 38.00 Odd Socks Day for Anti-Bullying Alliance 14/11/22
- £ 72.00 BBC Children In Need 18/11/22

£215.00 Total raised for Charity since September 2022.

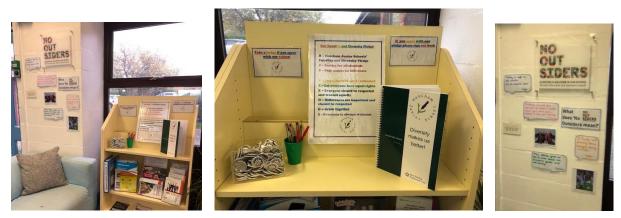
FREE FOOTBALL OPPORTUNITY





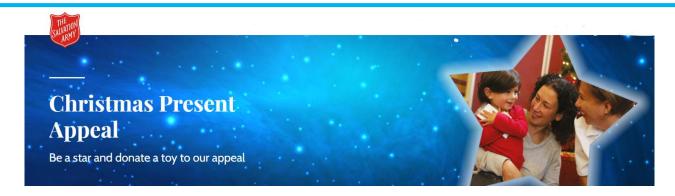
No Outsiders!

This year we are using the website 'No Outsiders' each week during our class discussion time. The website is to prepare children for life in modern Britain. Each week, a new photo is uploaded to the website with some information and thought-provoking questions. So far this term we have discussed ear defenders, gender stereotypes, the 'one love' armband in football, the equality act and ballet shoes! Our discussions promote a sense of inclusion and belonging; we empower our children as they articulate themselves in class debate. We encourage you to explore the website for yourself! We have created a display in our entrance hall where we have also put our Diversity and Equality pledge. This was written by our Junior Leadership Team – if you agree with the pledge please sign the signature book and take a badge!



Equality and Diversity Pledge

- H Heacham Junior School's Equality & Diversity Pledge
- J Justice for all students
- S Skin makes no difference
- P Prejudice will not be tolerated
- L Let everyone have equal rights
- **E** Everyone should be respected and treated equally
- D Differences are important and should be respected
- **G** Grow together
- E Everyone is always welcome



Our Year 6 children have expressed an interest in helping a charity that supports children at Christmas. They have chosen...

The Salvation Army Christmas Present Appeal

If you would like to participate, please bring a gift, suggestions below. There will be a box in reception for donations. We are told that the older children often receive fewer donations.

Your gift must be unwrapped and brand new please.

- **13-16 years**: books, make-up and toiletries, gloves, scarves, hats, t-shirts, hair accessories and gift vouchers.
- **9-12 years**: games and toys, stationery, DVDs, books, t-shirts, hair accessories, gloves, scarves, hats.
- **5-9 years**: educational games and toys, stationery, family friendly CDs and DVDs, books, puzzles, word-search, crosswords.
- **3-5 years**: dolls and action figures, cars, family friendly CDs and DVDs, colouring sets, pencils, crayons, books, puzzles.
- **0-3 years**: dolls, teddy bears, cot mobiles, baby clothes, bath toys, CDs of suitable music and nursery rhymes, puzzles.

We will be accepting donations up until our last day on 16/12/22.

Thank you.



Reading

We love reading at Heacham Junior School! Children should be reading every day and recording this reading in their school planners. Teachers check school planners at least weekly to make sure children are reading their books at home. This could be reading on their own, to someone else or even to pets! When a child finishes their library book, they will complete an Accelerated Quiz at school to check their understanding. It really is so important and helps your children make great progress in their learning across all subjects.



Times tables

We have recently started using a new and exciting resource for learning our times tables: Times Table Rock stars! All children should have their login and be using this regularly. It is a really addictive site - teachers are also using it (and getting very competitive)! Children can practice the times tables they need to work on, enter the 'studio' to improve their speed and even challenge their friends or teachers to 'rockslam' times table battles!



Leftover Turkey Pasta Bake

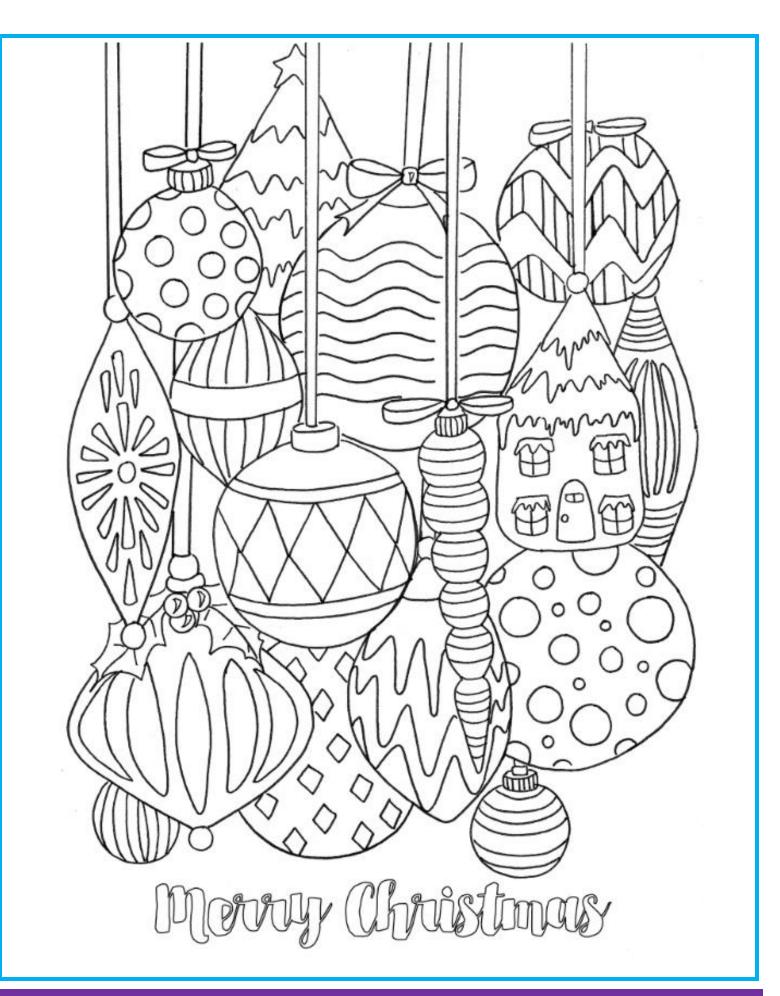
Ingredients

300g dried pasta shapes, such as penne or fusilli
2 tbsp sunflower oil, plus extra for greasing
4 rashers smoked streaky bacon, thickly sliced
1 onion, finely chopped
500g pasta sauce (homemade or from a jar)
150ml double cream
350g-500g leftover turkey, cut into small chunks
75g mature cheddar, coarsely grated

Method

- 1. Half fill a large saucepan with water, bring to the boil. Add the pasta and cook for 10 minutes, or until just tendar.
- 2. Prehead the over to 200c/180c Fan/Gas 6. Lightly oil a large, shallow, lasagne or similar pie dish.
- 3. Heat the oil in a large frying pan and fry the bacon and onion for 8 minutes, or until lightly browned. Stir in the pasta sauce and cream. Add a large ladleful/100ml of the pasta cooking water and bring to a simmer. Stir in the turkey pieces and season with black pepper.
- 4. Drain the pasta in a colander, then return to the saucepan. Stir in the pasta sauce and leftover turkey meat.
- 5. Transfer to the greased dish and springle with the cheese. Bake for 15-20 minutes, or until the cheese is melted and beginning to brown. Serve hot.







THE SNOWMAN IS COMING TO KINGS LYNN! AND YOU'RE INVITED!!

The Ultimate start to the Christmas Season for all the family.

Saturday 17 December 2022 Peter Hopkins Hall, Springwood High School, Queensway, Kings Lynn. PE30 4AW

Performances at 10.30am, 1.00pm and 4.00pm £5 per ticket

Join us at Springwood for the perfect start to your Christmas, something for the whole family when the Snowman comes to visit.

It is now 40 years since the animated film version of Raymond Briggs' classic tale "The Snowman" reached our TV screens. It tells the story of the little boy, James, and his adventures with a snowman he makes that then comes to life.

This December, at Springwood, experience the film on the big screen with the soundtrack provided by a live orchestra of Springwood students along with narration including the classic Christmas song "Walking in the Air".

But that's not all, join in with your other Christmas Favourites including Selections from "Frozen" and "Here Comes Santa Claus" along with many others. This is an event not to be missed!

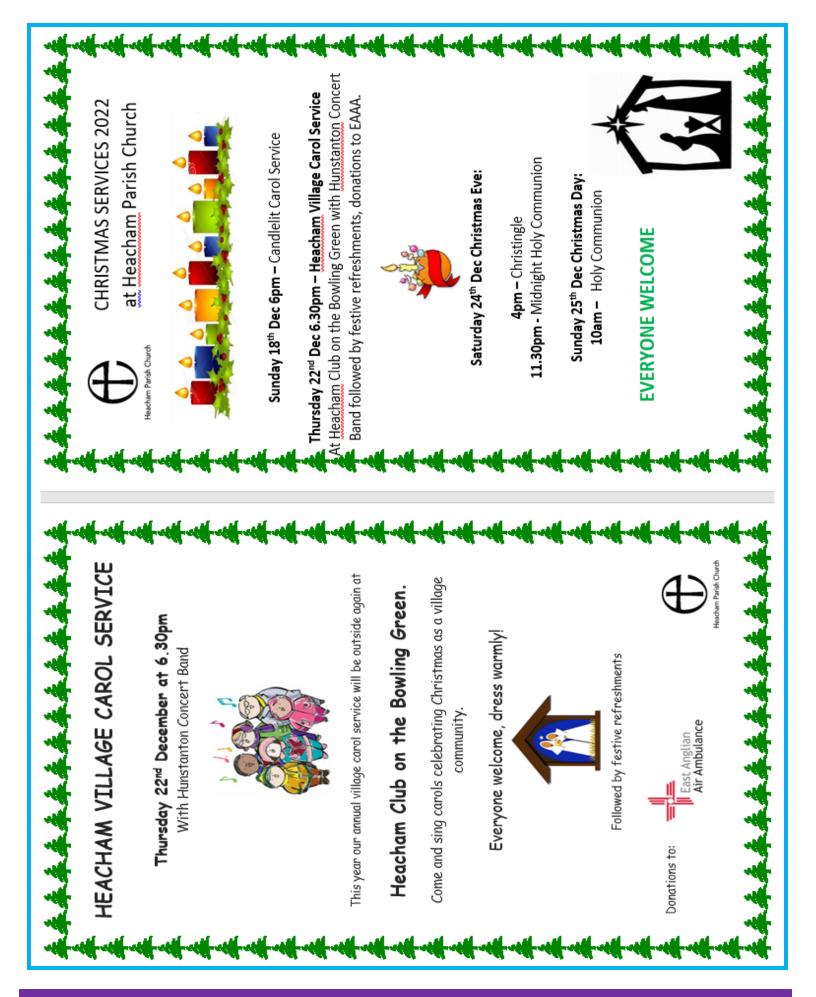
Run Time - approx. 1 hour

"The Snowman" Based on the book by Raymond Briggs Music by Howard Blake

Musicians from Springwood High School. Conductor: Mr. R. Norman Narrator: Mrs. S. Burchell

Tickets £5.00 each

Available online at www.ticketsource.co.uk/springwood-high-school-music-department





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John Innes Centre, Norwich NR4 7UH

Find out about all things SEND from

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