

Puffins ASD Programme

The **Puffins Programme** is a FREE, four week programme designed by Norfolk Community Health and Care's Neurodevelopmental Service for parents and carers of children and young people **with a diagnosis of ASD**.

Family Action are working in partnership with NCHC and EPSS to deliver the programme to families in Norfolk.

Week 1 – Introducing ASD and Understanding Behaviour (Family Action)

Week 2 – Communication – (NCHC Speech and Language Therapy Team)

Week 3 – Understanding Sensory Processing (NCHC Occupational Therapy Team)

Week 4 – Autism in Education (NCC EP & Specialist Support – Autism Support Team)

NB: Session 1 only in each course is just a little longer, 9:30am to 1:00pm

March 2023 – Thursdays 2nd, 9th, 16th and 23rd March 2023, 9:30am to 12:30pm

St Faiths Community Hub, Church Dr, Nxt Gaywood Church Rooms, King's Lynn,
PE30 4DZ (Parking at Gaywood Church Rooms)

To find out more or book a place, please contact Family Action on
01760 720302 or email Swaffham@family-action.org.uk

***Please note: Courses may change to
an online version via [zoom](#), if participant
numbers are low.*

www.family-action.org.uk

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