

# Heacham Junior School Newsletter March 2023



email:office@heachamjunior.co.uk Tel:01485 571013 website: https://www.heachamjunior.co.uk



Dear Families,

We have enjoyed a short but action-packed term! Children continue to embrace our knowledge-rich curriculum. Pupils' learning has included – the rise and fall of the Roman Empire, studying the continents of Africa and the key features of Kenya, exploring how sound travels and how the ear works and finding out about mythological works of art, including how they depict characters from a narrative.

There have been many events including Comic Relief, West Norfolk Academies Trust Literary Event at the Corn Exchange in King's Lynn, Cambridge Scholars and a visit to Duxford Imperial War Museum.

It has also been wonderful to welcome you into school for various events this term including our reading café on World Book Day, British Sign Language Day and Times Table Rock Stars. We hope to hold more events in the summer term.

Finally, we hope you have a wonderful Easter and a very relaxing break!

Best wishes *Emma Hunt* Executive Deputy Headteacher

# **Our Learning**

### Year 3 – Oystercatcher

This half term, we have been working hard in maths learning about mass and capacity and can now measure in grams, kilograms, millilitres, and litres. In English, we have been writing our own very exciting recount – imagining we are a water droplet on a journey of the water cycle. Oystercatchers have been able to apply their knowledge from both geography and science about the water cycle and rivers. In art, we have looked at mythological paintings; especially some of the Minotaurs Picasso was famous for painting. In geography, we have learnt about some of the major rivers in Europe and, in history, we have been learning about the crusades and the Magna Carta. Finally, in science, we have been learning about the importance of a healthy diet and how to keep our bodies healthy and in PE we have been improving our football skills. We have also had a lesson on British sign language and had great fun dressing up for Red Nose Day. Well done to all of Oystercatchers for working hard during assessment week and the spelling bee.



### <u>Year 4 – Avocet</u>

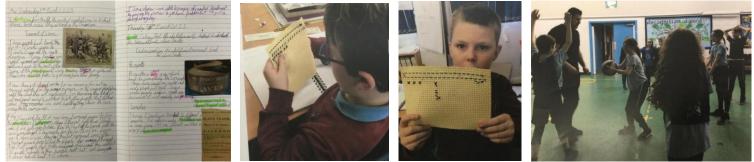
We have had an excellent half term in all subjects but the children have especially enjoyed our drama sessions with Ms Roberts on Tuesdays. In our Science lessons, we have been investigating about how sound is made. The children have been predicting and then observing what happens when you tap a drum with rice on top. Can the children remember if the vibrations were greater when tapping the drum lighter or harder? As a request from JLT, we have had a one-off sign language lesson this term that the children have loved. Next term, we are going to learn about 'James I and the gunpowder plot alongside Charles I and the civil war'. I know a few children have been looking forward to this unit all year. We also get to develop our sewing techniques too in Design &Technology! I would also like to congratulate the children through to Round 2 in the Spelling Bee. Well done!



# Our Learning (cont'd)

### <u>Year 5 – Albatross</u>

Our learning has again been so broad and engaging, with the children producing amazing amounts of work full of newfound knowledge. We've had a fascinating topic in History learning all about the African slave trade and the horrific atrocities and brutal treatment that many thousands had to endure during this terrible period in our history. We were relieved to learn that slavery was finally abolished in 1833 with the help of many devoted campaigners, most prominently Thomas Clarkson who was the driving force behind ending the Transatlantic slave trade. Why don't you ask your child to describe some of the conditions and punishments that so many slaves were subjected to? In Geography, we've expanded our knowledge about the natural biomes in Australia and how very different and vast the landscape is, whilst in RE we've been trying to find evidence from the Bible that Jesus was aware of God's plan for him – some very deep and thought-provoking questions for us all to ponder. As with last term, we've again conducted some super science experiments in class to test forces. The children were tasked to design their own ways to prove that forces exist. We had parachutes to show the effects of air resistance as well as a visit from the 'Mad Science' team who tasked us with creating our own rockets, testing the effects of thrust – we can confirm we definitely have some super scientists among us! In PE, we've been enjoying creating our own dances using the 'Dance by Chance' method and we've also been improving our netball skills. Finally, in Art the children have been creating their own Victorian samplers, learning some tricky stitches but producing some wonderful designs.



### <u>Year 6 – Royal Tern</u>

Year 6 have been working incredibly hard this half term – we are so proud of them! Their March assessments showed fantastic progress, which was well deserved. We have enjoyed learning about World War Two and Nazi Germany – we looked at the role of Bletchley Park and the Holocaust. Year 6 are very good at deep and thoughtful conversations about important issues. In Science, we have been learning about light and electricity. They enjoyed conducting an experiment about what happens to shadows when you move a light source. In Geography, we have been learning about Africa and studying issues such as desertification. We are learning about transport in French – ask us to list different transport in French and see if we can teach you some new vocabulary! In English, we have been using the moving picture book 'Rose Blanche' which links to our history learning; we have used it to write cumulative diaries. In Maths, we have been learning about shape, angles and statistics as well as continuing to develop our speed and accuracy with arithmetic. We are very excited about our Duxford trip right at the end of this term. Also, how can we forget when it snowed and we all ran out to play!



# HAVE YOUR CONTACT DETAILS CHANGED?

Have you moved house, have a new email address or mobile number? Should you update your emergency contacts? Are there medical conditions/medications that school need to know about?

If this is the case, please email updated details to office@heachamjunior.co.uk.

Please see below as a guide:

Pupil Name: Pupil Address: Pupil Medical Conditions: Pupil Regular Medications: Dosage Details: Pupil Allergies:

Mum/Carer Name: Mum/Carer Address: Mum/Carer Phone Numbers (home/work/mobile): Mum/Carer email:

Dad/Carer Name: Dad/Carer Address: Dad/Carer Phone Numbers (home/work/mobile): Dad/Carer email:

**Emergency Contacts:** 

- 1. Name/address/phone nos.:
- 2. Name/address/phone nos.:
- 3. Name/address/phone nos.:
- 4. Name/address/phone nos.:
- 5. Name/address/phone nos.:

Adults Authorised to collect my child:

- 1. Name/relationship to child:
- 2. Name/relationship to child:
- 3. Name/relationship to child:
- 4. Name/relationship to child:
- 5. Name/relationship to child:

Thank you

### **DIARY DATES 2023**

Every Wednesday – Swimming AM Every Thursday – Music Tuition TBC Please check PE days with your class teachers

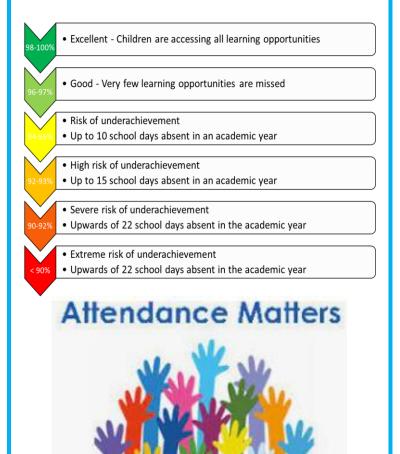
29/03/23 - Y6 Trip to IWM Duxford 30/03/23 – JLT present Anti-Bullying Assembly @HINS 30/03/23 – Y34 BEE Netball @ Lynnsport 30/03/23 - Y56 Croydon Trophy2 @ Hunstanton 03/04/23 – Easter Holidays 18/04/23 – Children return to school 21/04/23 – Crucial Crew Payment Due 21/04/23 – Sports Council Meeting 24/04/23 - Special Lunch 25/04/23 – Y5 Join Smithdon Starter Band TBC 26/04/23 – Whole School Spelling Bee Round 2 26/04/23 - TriGolf Festival @ HJS 27/04/23 – Y6 Leavers' Photo - Tempest Photography 28/04/23 - Y6 Crucial Crew (HJS & SPS) 01/05/23 – Bank Holiday 03/05/23 – Y3 Swimming starts 04/05/23 – Coronation Disco 4.30-6pm £2 cash entry 5 or 12/05/23 – Coronation Celebrations 'Street Party' Lunch TBC 08/05/23 - Bank Holiday 09/05/23 - SATS WEEK Y6 10/05/23 – No Swimming 15/05/23 – Dynamos Cricket @ Snettisham Memorial Field 16/05/23 – Y4 Trip Norwich Castle Museum 18/05/23 – Special Lunch 23/05/23 – Y6 Trip to Sainsbury Centre for Visual Art 24/05/23 - WNAT Collective Instrumental event TBC 26/05/23 - Mini Tennis Y34 @ Lynnsport 29/05/23 – Half-term Holidays 05/06/23 – Children return to school 05/06/23 – Kwik Cricket Y56 Final @ North Runcton 06/06/23 – Y56 Midsummer Night's Dream performance 09/06/23 - Y34 Mini Tennis @ Lynnsport 12/06/23 – Girls Dynamo Cricket @ North Runcton CC w/c 12/6 – Bake Off & Book/Toy Bring & Buy Date TBC 13/06/23 - Smithdon Art Visit Y5 14/06/23 – Y6 Soroptomists Public Speaking Competition 15/06/23 – Cluster Cycle Races @ Glebe House 6pm 19/06/23 – Whole Trust Spelling Bee Final @ HJS 22/06/23 – Smithdon Art Exhibition 4-5pm 27/06/23 – Special Lunch 29/06/23 - Area Sports @ Smithdon 4.30-6.30pm 30/06/23 – Y34 Primary Sports Festival 04/07/23 – Special Lunch 05/07/23 – Primaries Summer Concert TBC 06/07/23 – Y3 Trip to Sedgeford Archaeological Dig 06/07/23 – Quadkids Athletics Y56 @ Lynnsport 07/07/23 – SSP Sports Festival TBC 11/07/23 – Y6 Smithdon Transition Day 14/07/23 – Y5 Smithdon Experience Day & Parent Presentation 20/07/23 - Last Day of Term 06/09/23 – Children return to school

### The importance of good attendance

The Government strives for **every pupil to achieve 97% attendance**. Every day away from school is a day away from learning and this can have an impact on a child's education and future accomplishments.

We want every child to enjoy school and achieve their potential in education and life beyond. We are always here to talk through any issues and help find solutions. Parents are always a phone call away if a child is too ill to continue their day, please encourage them to try to give the day a go, children often feel much better once they are in class.

The Government has issued new attendance guidance and targets to all schools, you may receive regular texts informing you of the number of days that your child has been absent in a term/year. The Government hope that this personal approach will make parents more aware of how the odd day adds up and help keep you informed.



Every Day Counts



Our Junior Leadership Team and Head Pupils have been applying their Anti-Bullying Ambassador training. They have designed and put up posters around the school, they're recruiting Anti-Bullying Monitors from each class and after Easter they will be taking their Anti-Bulling assembly 'on tour' giving a presentation to the staff and children at Heacham Infant & Nursery School.



**Please** check our lost property for any mislaid items of clothing or equipment. Our storage is currently bursting at the seams! You will find it in the Y34 Corridor leading from Reception. *Any unclaimed items will be recycled/sold to raise funds for the PTA end of May*.

**Young Carers** 

WEST NORFOLK CARERS...

**Is there a child in your home who is a young carer**? A young carer is anyone under 18 who helps to look after a relative (parent/sibling) with a disability (including learning disabilities, e.g. ASD/ADHD), an illness, a mental health condition, or drug or alcohol problem.

Registered or not, we have secured some much needed outreach support from West Norfolk Carers in our schools every half-term.

Please let us know if you would like your child to benefit from this – office@heachamjunior.co.uk

### We have been busy!

#### MAD SCIENCE Y5 WORKSHOP 27/2/23

Year 5 were visited by two Mad Scientists in February. Much fun was had watching and conducting a variety of exciting experiments exploring 'Forces'. Look out for a Mad Science After-School Club after Easter.



### WNAT LITERARY FESTIVAL 8/3/23

On 8<sup>th</sup> March, Ella, Freya and Archie from Year 6, represented Heacham Junior at the West Norfolk Academies Trust Literary Festival at the Corn Exchange. They worked together to write a speech on their chosen Author, David Walliams, and performed in front of the other Trust Schools, they were amazing and we are all very proud. They had to stay within a time limit and ensure that they met certain criteria within their speeches. We are hoping that they will represent us in the prestigious Public Speaking Competition in June where they will compete against all Norfolk Schools, again they will have to write and perform new speeches but this time from memory!



### **RED NOSE DAY 17/3/23**

You wait all year for one superhero and three turn up together !!



### Y5/6 GIRLS' FOOTBALL FESTIVAL 9/3/23

On Thursday 9th March, two teams from HJS took part in the first ever girls only Cluster Football Festival. Unfortunately, the snowy weather wasn't on our side and we even had to wait outside when we got there because the fire alarms went off! We ended up having to play our games indoors in the sports-hall, which made it very difficult for anyone to play any proper passing football. However, as always, we gave it our best shot and all players did their best to play, score and work as a team. We managed a few goals along the way and had a great afternoon. Hopefully, next year the weather will be kind enough for us to show off our real talent outside!



Heacham Hornets Y6

Heacham Hotspurs Y5

### Y56 NETBALL 16/3/23

On Thursday 16<sup>th</sup> March, two teams from HJS took part in the Cluster BEE Netball tournament. Both teams were up against tough opposition. Our Y5 team played really well especially as they were up against mainly Y6 teams but demonstrated good, developing skills. Our Y6 placed 3<sup>rd</sup>. Well done everyone!



Heacham Pulse Y6

Heacham Lightning Y5

### PETERHOUSE COLLEGE CAMBRIDGE

On 29<sup>th</sup> March a group of children from Y56 visited Peterhouse College learning all about university life! An inspiring visit for all the schools involved from West Norfolk Academies Trust.



Y34 FOOTBALL FESTIVAL 27/3/23



Heacham Hotspurs Y3



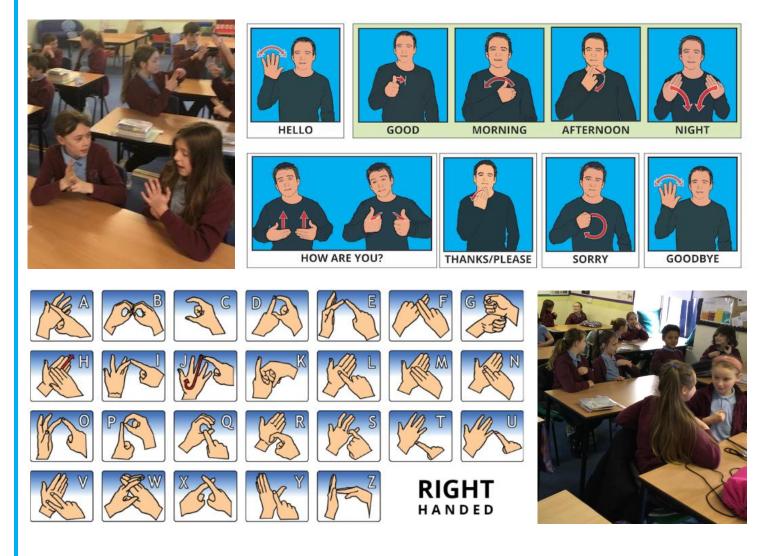
Heacham Hurricanes Y4

Y6 DUXFORD TRIP 29/3/23



### SIGN LANGUAGE ONLINE SESSION

During Sign Language Week, all classes took part in an online lesson to learn the alphabet, basic greetings, colours and animals! The online lesson was led by Yvonna Cobb who is a TV presenter and qualified Deaf teacher. Ask your child what sign language they can remember.





This term we have welcomed our new Chef, Mr Self from Lunchtime Co. and Mrs Harrowing is our new Midday Supervisory Assistant.

Mrs Manning, TA, returns to the classroom from Maternity Leave, after Easter.

### \* Subject to changes \*



#### Term Dates 2022-2023

	Se	pte	mbe	r 20	22				0	Octo	ber	202	2			N	over	nbe	r 20	22				D	ecei	nbe	r 20	22	
N	Т	W	Т	F	S	S		Μ	Т	W	Т	F	S	S	Μ	Т	w	Т	F	S	S	ſ	Λ	T	w	Т	F	S	5
			1	2	3	4							1	2		1	2	3	4	5	6					1	2	3	4
5	6	7	8	9	10	11		3	4	5	6	7	8	9	7	8	9	10	11	12	13		5	6	7	8	9	10	1
2	13	14	15	16	17	18		10	11	12	13	14	15	16	14	15	16	17	18	19	20	1	_	13	14	15	16	17	1
9	20	21	22	23	24	25		17	18	19	20	21	22	23	21	22	23	24	25	26	27	1	-	20	21	22	23	24	2
6	27	28	29	30				24	25	26	27	28	29	30	28	29	30					2	6	27	28	29	30	31	
	_	anu	arv	2023	3		ſ	31	F	ebri	Iarv	202	3				Mar	ch 2	023						An	ril 2	023		_
Л	т	w	Т	F	s	S		М	т	w	т	F	S	S	м	т	w	т	F	S	S	r	Л	т	W	т	F	S	
	· ·					1				1	2	3	4	5			1	2	3	4	5		<u> </u>					1	
2	3	4	5	6	7	8	ŀ	6	7	8	9	10	11	12	6	7	8	9	10	11	12		2	4	5	6	7	8	
Э	10	11	12	13	14	15		13	14	15	16	17	18	19	13	14	15	16	17	18	19	1		11	12	13	14	15	1
6	17	18	19	20	21	22		20	21	22	23	24	25	26	20	21	22	23	24	25	26	1	7	18	19	20	21	22	2
3	24	25	26	27	28	29	F	27	28						27	28	29	30	31			2	4	25	26	27	28	29	3
0	31						-																						
		Ma	iy 20	)23			[			Jur	ie 20	023					Jul	y 20	23						Aug	ust	202	3	
М	Т	W	Т	F	S	S		Μ	Т	W	Т	F	S	S	Μ	Т	W	Т	F	S	S	ſ	Λ	T	w	Т	F	S	
1	2	3	4	5	6	7					1	2	3	4						1	2			1	2	3	4	5	(
	9	10	11	12	13	14		5	6	7	8	9	10	11	3	4	5	6	7	8	9		7	8	9	10	11	12	1
15	16	17	18	19	20	21		12	13	14	15	16	17	18	10	11	12	13	14	15	16	1	4	15	16	17	18	19	2
22	23	24	25	26	27	28		19	20	21	22	23	24	25	17	18	19	20	21	22	23	2	_	22	23	24	25	26	2
29	30	31					L	26	27	28	29	30			24	25	26	27	28	29	30	2	8	29	30	31			
															31														1

Orange dates – pupil holiday Purple dates – staff training day Red dates - bank holiday

Thursday 1st September, Friday 2<sup>nd</sup> September, Friday 21<sup>st</sup> October, 3<sup>rd</sup> January and Monday 17<sup>th</sup> April

November 2023 T W T F S S West Norfolk Academies Trust

1 2 3

#### PRIMARY SCHOOLS - Term Dates 2023-2024

	September 2023										
Μ	Т	W	Т	F	S	S					
				1	2	3					
4	5	6	7	8	9	10					
11	12	13	14	15	16	17					
18	19	20	21	22	23	24					
25	26	27	28	29	30						
		-/			50						

January 2024										
Μ	Т	W	Т	F	S	S				
1	2	3	4	5	6	7				
8	9	10	11	12	13	14				
15	16	17	18	19	20	21				
22	23	24	25	26	27	28				
29	30	31								

May 2024

 M
 T
 W
 T
 F
 S
 S

 1
 2
 3
 4
 5

 6
 7
 8
 9
 10
 11
 12

 13
 14
 15
 16
 17
 18
 19

 20
 21
 22
 23
 24
 25
 26

27 28 29 30 31

					-	-					
						1					
2	3	4	5	6	7	8					
9	10	11	12	13	14	15					
16	17	18	19	20	21	22					
23	24	25	26	27	28	29					
30	31										
	February 2024										
		147			e	e					

October 2023

TE

	February 2024											
М	Т	W	Т	F	S	S						
			1	2	3	4						
5	6	7	8	9	10	11						
12	13	14	15	16	17	18						
19	20	21	22	23	24	25						
26	27	28	29									

	•	•		IVI		vv		- <b>F</b>	2	•
		1				1	2	3	4	5
5	7	8		6	7	8	9	10	11	12
3	14	15		13	14	15	16	17	18	19
0	21	22	1	20	21	22	23	24	25	26
	20	29		27	28	29	30			
7	28	23						1		
7	28	25	1					J		
7 02		25					rch 2	2024		
		<b>S</b>	]	M				2024 F	S	S
02	4					Mar	ch 2	_	_	<b>S</b> 3
02	4 S	S				Mar	ch 2	F	S	

Μ

		Mar	rch 2	024		
Μ	Т	w	Т	F	S	S
				1	2	3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31

				1		3
4	5	6	7	8	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31
		Ap	ril 2	024		
М	_	_	_	_		
	T	W	T	E	C	C
	T	W	T	F	S	S
1	T 2	W 3	T 4	F 5	S 6	S 7

December 2023

M T W T F S

ō	9	10	11	12	13	14
15	16	17	18	19	20	21
22	23	24	25	26	27	28
29	30					

				24	y 20	Jul				June 2024						
M		S	S	F	Т	W	Т	Μ	5	S :	F	Т	W	Т	М	
	[	7	6	5	4	3	2	1	2	1						
5		14	13	12	11	10	9	8	•	8 !	7	6	5	4	3	
12 1		21	20	19	18	17	16	15	6	15 1	14	13	12	11	10	
19 2		28	27	26	25	24	23	22	3	22 2	21	20	19	18	17	
26 2						31	30	29	0	29 3	28	27	26	25	24	

		Aug	ust	202	4	
Μ	Т	w	Т	F	S	S
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

Key:	White dates - school open to pupils	Staff training days are – Monday 4th September and Tuesday 5th September, Wednesday 3rd January and
	Orange dates – pupil holiday	Thursday 28 <sup>th</sup> March 2024 as whole training days.
	Purple dates – staff training day	Monday 22 <sup>nd</sup> July 2024 is disaggregated.
	Red dates – bank holiday	

### Swimming Rota

May be subject to further changes

SWIMMING 2022-2023									
WkNo.	Date	Class/Year		Wk No.	Date	Class/Year			
23	19/04/2023	Avocet		28	07/06/2023	Oystercatcher			
24	26/04/2023	Avocet		29	14/06/2023	Oystercatcher			
25	03/05/2023	Oystercatcher		30	21/06/2023	Oystercatcher			
x	10/05/2023	SATS - NO SWIM		31	28/06/2023	Oystercatcher			
26	17/05/2023	Oystercatcher		32	05/07/2023	Oystercatcher			
27	24/05/2023	Oystercatcher		33	12/07/2023	Royal Terns			
x	31/05/2023	Half-Term		34	19/07/2023	Royal Terns			

Swimmers leave at 11am and return for lunch at 1pm. They need a one-piece swimsuit/trunks, towel, waterproof bag (hat and goggles are optional).

Earrings must be removed.



The children would benefit from a good breakfast and a morning snack on the days that they Swim.

# **Fundraising**



Thank you for continuing to support our chosen charities by joining in with donations and dress-up days. We appreciate that not everyone can afford to give money – we would still want your children to join in with the event. So far this academic year we have raised **£273.00** for charity:

- £105.00 Hello Yellow for Young Minds 20/10/22
- £ 38.00 Odd Socks Day for Anti-Bullying Alliance 14/11/22
- £ 72.00 BBC Children In Need 18/11/22
- £ 58.00 Red Nose Day 17/03/23

£273.00 Total raised for Charity since September 2022.

# LUNCHTIME CO

## Lunch Menu

The Menu changes after Easter, the new menu is available on our website (see link below). Vegan and free-from versions are available on request. **NEW PRICE £2.50 PER MEAL** 

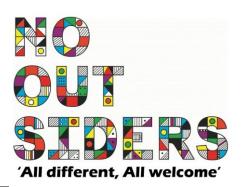
https://www.heachamjunior.co.uk/ site/data/files/users/menu/C8F9D916A42193204A15E40B8B 573486.pdf

## 18th April will be Meat Feast Pizza or Margherita Pizza



# Equality and Diversity Pledge

- H Heacham Junior School's Equality & Diversity Pledge
- J Justice for all students
- S Skin makes no difference
- P Prejudice will not be tolerated
- L Let everyone have equal rights
- E Everyone should be respected and treated equally
- D Differences are important and should be respected
- G Grow together
- E Everyone is always welcome





### **AFTER-SCHOOL CLUBS**

Next term we will be offering the following after-school clubs (see times below). Spaces are limited and will be allocated on a first come, first served basis. Clubs run by school staff are free; Clubs run by visitors may be chargeable (see below).

### WEDNESDAY 3.30-4.15pm

Kwik Kick Cricket Club with Mr Agate open to all x 20 spaces Mad Science Club £28 for 4 weeks book online (<u>https://madsciencenorfolk.class4kids.co.uk/info/34</u>)

Clubs end at 4.15pm. Pickup is from the back playground. If your child is unable to attend any sessions, you must inform the office by email or telephone beforehand. We are not able to accept messages via the child.

To apply for a space please email <u>office@heachamjunior.co.uk</u> and state the following:

I give permission for (Child's Name) to attend the following clubs Club Names: Medical Conditions: Emergency Phone: Name of parent giving permission: My child will be (select one): Collected or Walk home:







## **Reading**

This half-term we have had lots of reading/writing opportunities. A few of the Trust's outstanding writers were entered into a competition run by the Rotarty Club. The Trust did really well, two of our children were runners up and one received a school prize! *Well done to Archie, Poppy and Daniel*. Details were sent home of a BBC Blue Peter writing competition which closed on 8<sup>th</sup> March, there were lots of great prizes. Do let us know if you win anything! We had the annual World Book Day dress-up on 2<sup>nd</sup> March, with lots of book-based activities including staff reading from their favourite children's books and parents came in for our Reading Café. We had a Book Cover Competition - *well done to Caitlin Y4 who came 1<sup>st,</sup> Zane Y6 came 2<sup>nd</sup> and Jack Y3 was in 3<sup>rd</sup> place.* All entries will be on display in our Library.





### **Times tables**

We had a really fun day dressing up as rock stars and welcoming parents in for a morning of multiplication at our Maths Café on 10<sup>th</sup> February.





# No Dogs Allowed

A reminder that for children's safety, dogs are not allowed on school premises under any circumstances.



Consider using filtering software to block unwanted content. In addition to filtering, remember that discussion with your child, and involvement in their internet use, are both effective ways to educate them about the internet.

## Vouchers for Free School Meal Eligible Pupils – April 2023 to March 2024

**Support has been extended until March 2024** for pupils eligible for means-tested Free School Meals (FSM). Families who are eligible for Free School Meals will receive Edenred vouchers for April to August next month and then more in September. The Vouchers can be spent at many major retailers including supermarkets.

**Families in hardship and needing wider support** In addition to the offer of FSM vouchers for eligible families, there is support available for families who are facing hardship and need support. Anyone experiencing hardship may be able to receive support through the Norfolk Assistance Scheme (NAS), which may be able to provide support for food, fuel, clothes and other essential household items to families experiencing hardship. Families may get in touch with NAS via their website which includes an online application form, or they can call **0344 800 8020**.

https://www.norfolk.gov.uk/care-support-and-health/support-for-living-independently/money-and-benefits/norfolk-assistance-scheme

Have your circumstances changed recently? You may be eligible for Free School Meals.

The school receives funding for each child who comes under Pupil Premium (including free school meals), so it is worth applying even if you don't have school meals!! You can apply online <u>https://fiso.norfolk.gov.uk/synergy/Enquiries/Citizen/FreeSchoolMeals.aspx/</u> <u>https://www.norfolk.gov.uk/education-and-learning/schools/school-meals-and-</u> <u>milk?fbclid=IwAR181hWbnsrWnVeC-KZ31j-HfjFmGLwKL7zsv9QVbkEfY1uKETvz0cDSIcQ</u>



THE FRIENDS OF HJS raise funds throughout the year to pay for fun activities, rewards and gifts for our pupils. We really need more parent members to join, it's not a big commitment - you can do as much or as little as you can. We want to welcome members from families in our school. If you would like to join and help host or support events, fundraise for our school and contribute to enriching the children's experience come along to one of our meetings or contact the PTA chair, Kelly Hall <u>kelly.hall.1@talktalk.net</u> or speak to Mrs Bridge in the office for an application form and DBS check



# CORONATION DISCO - 4<sup>TH</sup> MAY 2023

To celebrate the Coronation of our new King, Charles III, Friends are organising a Disco on Thursday 4<sup>th</sup> May at 4.30pm-6pm. £2 cash payable on the door please. There will be snacks and refreshments for sale along with glow sticks and other items! Please send your child with some coins in a named purse.

### **BAKE-OFF COMPETITION – JUNE TBC**

It's the King's Official Birthday on 17<sup>th</sup> June. To mark the occasion Friends are having a 'Royal Birthday Party Bake Off'. To enter, Children can make either a <u>sweet or savory treat</u> fit for a royal birthday party. There will be a Prize. The treats will then be sold to raise funds for future events. Please include your child's name, year and list of ingredients with each entry (entry forms to come home soon).

## **BOOK/TOY BRING & BUY – JUNE TBC**

Come along after school (3.30pm-4.30pm) exact date tbc, **please send in one or two quality** books or toys that Friends will sell to raise funds for the school. Have a cuppa and a piece of cake while your children spend their pocket money, helping to reduce waste at the same time! Please bring your own carrier bags.

# MONDAY 24TH APRIL

CEORCE

D

# THE FULL ENGLISH

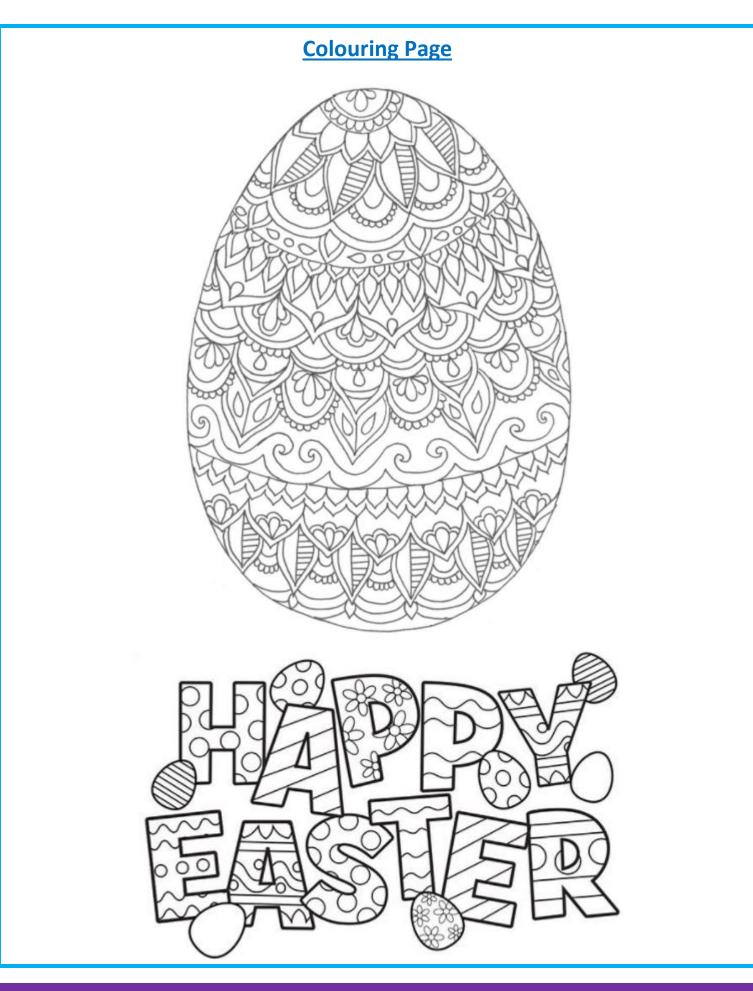
Sausage (G)(W)(SU)(SO) or Vegetarian Sausage (G)(W) Bacon Hash Brown

**Baked Beans** 

St. George Cookie (G)(W)(E)

Allergen keyi (E) Egg, (G) Gluten, (MK) Milk, (SO) Soya, (SU) Sulphites, (W) Wheat

# LUNCHTIME CO

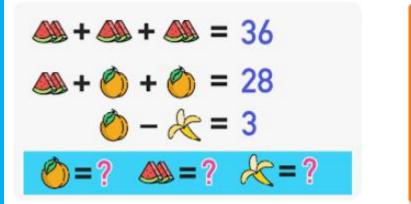


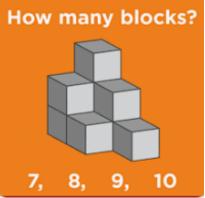
# EASTER WORDSEARCH



NEST SIMNEL CAKE CELEBRATE EASTER BUNNY HOT CROSS BUN EGG HUNT MARCH CHICKS CHOCOLATE HOLIDAY BLOSSOM APRIL FLOWERS BONNET PARADE BASKET HOP CARROT SPRING DECORATE

# NUMBER PUZZLES





Answers: Orange=8, Melon=12, Banana=5 There are 9 blocks (5 bottom, 3 middle, 1 top)

# **Easter Recipes**

### https://www.bbcgoodfood.com/recipes/easy-hot-cross-buns



# **Hot Cross Buns**

#### Ingredients

#### For the buns

500g	strong	white.	bread	flour
~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~~	0.0000		0.000	

1/2 tsp salt

2 heaped tsp mixed spice

50g caster sugar

50g butter, chopped into cubes

200g mixed dried fruit

7g sachet easy-blend dried yeast

200ml milk

2 eggs

#### For the crosses & glaze

3 tbsp plain flour

honey or golden syrup, for brushing

#### Method

- Step 1 Tip the flour into a bowl and stir in the salt, mixed spice and sugar.
- Step 2 Rub in the butter with your fingertips. Stir in the dried fruit, then sprinkle over the yeast and stir in. Gently warm the milk so it is hot, but still cool enough to put your finger in for a couple of seconds. Beat with the eggs, then pour into the dried ingredients
- Step 3 Using a blunt knife, mix the ingredients to a moist dough, then leave to soak for 5 mins. Take out of the bowl and cut the dough into 8 equal pieces.
- Step 4 Shape the dough into buns on a floured surface. Space apart on baking sheet, cover loosely with cling film, then leave in a warm place until half again in size. This will take 45 mins-1 hr 15 mins, depending on how warm the room is.
- Step 5 When the buns are risen, heat oven to 220C/fan 200C/gas 7. Mix the flour with 2 tbsp water to make a paste. Pour into a plastic food bag and make a nick in one of the corners. Pipe crosses on top of each bun.
- Step 6 Bake for 12-15 mins until risen and golden. Trim the excess cross mixture from the buns, then brush all over with honey or golden syrup. The buns will keep fresh for a day. After that they are best toasted and served with butter.

# Happy Baking!