

Love of Learning, Bright Futures, Happy Memories



HEACHAM JUNIOR SCHOOL

College Drive, Heacham, PE31 7EJ

TEL: 01485 571013

office@heachamjunior.co.uk

www.heachamjunior.co.uk

24th May 2024

Dear Parents/Carers,

YEAR 3 PSHE CURRICULUM – SUMMER TERM

As a part of your child's education, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next term, starting in June, your child's class will be taking part in lessons which will focus on the relationships and sex education (RSE) aspect of this programme. This programme will be taught in an age-appropriate and structured way. Lessons in year 3 will include pupils learning about: babies and what they need to grow and develop including parenting. Children are taught that it is usually the female that carries the baby in nature. This leads onto lessons where puberty is introduced. They learn that puberty is a natural part of growing up and that it is a process for getting their bodies ready to make a baby when grown-up. Inside body changes are also taught. Children learn that females have eggs (ova) in their ovaries and these are released monthly. If unfertilised by a male's sperm, it passes out of the body as a period. Sexual intercourse and the birth of the baby are not taught in this year group. Children discuss how they feel about puberty and growing up and there are opportunities for them to seek reassurance if anything is worrying them. Pupils will also have opportunities to ask questions.

The teaching of Relationships Education and Health Education (which includes learning about the changing adolescent body and puberty) is a legal requirement for all schools and parents will not be able to withdraw their child from any aspect of Relationships Education as it is important that all children receive this programme, covering topics such as friendships and how to stay safe. Sex Education is not statutory in primary schools but schools are expected to provide a programme of age appropriate sex education. Parents have the right to request to withdraw their child from any aspects of Sex Education other than those which are part of the science curriculum.

If you have any questions about the content of these sessions, please do get in touch with your child's class teacher. We are happy to share resources used with you upon request.

Yours sincerely,

Louise Jackson
Executive Headteacher

EXECUTIVE HEADTEACHER
Ms L Jackson

EXECUTIVE DEPUTY HEAD
Mrs E Hunt

ASSISTANT HEAD
Ms C Enters

