

Love of Learning, Bright Futures, Happy Memories



HEACHAM JUNIOR SCHOOL

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Dear Parents/Carers,

YEAR 4 PSHE CURRICULUM – SUMMER TERM

As a part of your child's education, we promote personal wellbeing and development through a comprehensive Personal, Social, Health and Economic (PSHE) education programme. PSHE education is the curriculum subject that gives children the knowledge, understanding, attitudes and practical skills to live safe, healthy, productive lives and meet their full potential.

I am writing to let you know that, over the next term, starting in June, your child's class will be taking part in lessons, which will focus on the relationships and sex education (RSE) aspect of this programme. This programme will be taught in an age-appropriate and structured way. Lessons in year 4 will include: bodily changes at puberty are revisited with some additional vocabulary, particularly around menstruation. Sanitary health is taught, including introducing pupils to different sanitary and personal hygiene products. Conception and sexual intercourse are introduced in simple terms so the children understand that a baby is formed by the joining of an ovum and sperm. They also learn that the ovum and sperm carry genetic information that carry personal characteristics. The unit ends by looking at the feelings associated with change and how to manage these, as well as future changes. Pupils will also have opportunities to ask questions.

The teaching of Relationships Education and Health Education (which includes learning about the changing adolescent body and puberty) is a legal requirement for all schools and parents will not be able to withdraw their child from any aspect of Relationships Education as it is important that all children receive this programme, covering topics such as friendships and how to stay safe. Sex Education is not statutory in primary schools but schools are expected to provide a programme of age appropriate sex education. Parents have the right to request to withdraw their child from any aspects of Sex Education other than those which are part of the science curriculum.

If you have any questions about the content of these sessions, please do get in touch with your child's class teacher. We are happy to share resources used with you upon request.

Yours sincerely,

Louise Jackson
Executive Headteacher

EXECUTIVE HEADTEACHER
Ms L Jackson

EXECUTIVE DEPUTY HEAD
Mrs E Hunt

ASSISTANT HEAD
Ms C Enters

